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| --- | --- | --- |
| Name of Drink:  |  | Company Logo:  |
| # of grams of sugar in one cup:\_\_\_\_\_\_ G’s of sugar |  | # of grams of sugar in one bottle:\_\_\_\_\_\_ G’s of sugar |
| # of calories in one cup:\_\_\_\_\_\_ calories |  | # of calories in one bottle:\_\_\_\_\_\_ calories |
| In order to burn off the calories of one cup of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, I had to:  |
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